



Polio Australia

# Medical Alert Card

**I have had polio.** Some drugs may worsen the symptoms of the Late Effects of Polio and should be avoided or used with caution

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Please read the reverse side of this card and contact the Post Polio Network in Western Australia on (08) 9383 9050 or a/h (08) 9381 1185

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**Polio Australia issues the following International Medical Alert for polio survivors.**

**NOTE: These drugs may worsen post polio symptoms and should be avoided or if absolutely necessary - should be used with caution**

- cholesterol reducing drugs eg statins, lipitor, zocor etc
- beta-blockers eg betaloc, inderal, tenormin, atenolol
- benzodiazapines eg valium, serapax, ativan
- CNS depressants eg mogadon, normison, tramal
- muscle relaxants eg scoline atropine, buscopan
- local anaesthetic incl eye drops eg ligno - & xylocaine
- general anaesthetics - all types - monitor patient with greater care. Avoid pre-med & muscle relaxants.